

**Supplementary Table 9.** Association of stress with the sociodemographic, professional and lifestyle characteristics

Variable	No.	Stress		<i>p</i> -value (chi-square)
		No	Yes	
<b>Education status</b>				
Graduate or below	194	148 (76.3)	46 (23.7)	0.152
Postgraduate or doctorate	88	60 (68.2)	28 (31.8)	
<b>Marital status</b>				
Never married	51	39 (76.5)	12 (23.5)	0.789 (Fisher's exact)
Currently married	221	162 (73.3)	59 (26.7)	
Divorced	4	2 (50.0)	2 (50.0)	
Widowed	2	2 (100)	0	
Not revealed	4	3 (75.0)	1 (25.0)	
<b>Household monthly income</b>				
₹≥20,000 and ≤₹30,000	42	28 (66.7)	14 (33.3)	0.350
₹>30,000 and ≤₹40,000	50	35 (70.0)	15 (30.0)	
>₹40,000	190	145 (76.3)	45 (23.7)	
<b>Type of bank</b>				
Public sector bank	192	147 (76.6)	45 (23.4)	0.118
Private sector commercial or small finance bank	90	61 (67.8)	29 (32.2)	
<b>Location of branch</b>				
Urban	103	76 (73.8)	27 (26.2)	0.955
Semi-urban	151	112 (74.2)	39 (25.8)	
Rural	28	20 (71.4)	8 (28.6)	
<b>Professional category</b>				
Clerk	113	91 (80.5)	22 (19.5)	0.035
Officer or higher	169	117 (69.2)	52 (30.8)	
<b>Years employed</b>				
1–10	205	146 (71.2)	59 (28.8)	0.114
>10	77	62 (80.5)	15 (19.5)	
<b>Daily average working hours</b>				
≤8	105	91 (86.7)	14 (13.3)	1.48 × 10 <sup>-4</sup>
>8	177	117 (66.1)	60 (33.9)	
<b>Alcohol consumption</b>				
Monthly or less	23	16 (69.6)	7 (30.4)	0.655
More than once a month	79	56 (70.9)	23 (29.1)	