

Supplementary Table 5. Association of exhaustion with the sociodemographic, professional and lifestyle features

Variable	No.	Exhaustion		p-value (chi-square)
		No	Yes	
Education status				0.192
Graduate or below	194	44 (22.7)	150 (77.3)	
Postgraduate or doctorate	88	14 (15.9)	74 (84.1)	
Marital status				0.389
Never married	51	13 (25.5)	38 (74.5)	
Currently married	221	42 (19.0)	179 (81.0)	
Divorced	4	1 (25.0)	3 (75.0)	
Widowed	2	1 (50.0)	1 (50.0)	
Not revealed	4	1 (25.0)	3 (75.0)	
Household monthly income				0.383
₹≥20,000 and ≤₹30,000	42	6 (14.3)	36 (85.7)	
₹>30,000 and ≤₹40,000	50	13 (26)	37 (74)	
>₹40,000	190	39 (20.5)	151 (79.5)	
Type of bank				0.427
Public sector bank	192	42 (21.9)	150 (78.1)	
Private sector commercial or small finance bank	90	16 (17.8)	74 (82.2)	
Location of branch				0.277
Urban	103	16 (15.5)	87 (84.5)	
Semi-urban	151	35 (23.2)	116 (76.8)	
Rural	28	7 (25.0)	21 (75.0)	
Professional category				0.020
Clerk	113	31 (27.4)	82 (72.6)	
Officer or higher	169	27 (16.0)	142 (84.0)	
Years employed				0.296
1–10	205	39 (19.0)	166 (81.0)	
>10	77	19 (24.7)	58 (75.3)	
Daily average working hours				0.002
≤8	105	32 (30.5)	73 (69.5)	
>8	177	26 (14.7)	151 (85.3)	
Alcohol consumption				0.416
Monthly or less	23	7 (30.4)	16 (69.6)	
More than once a month	79	14 (17.7)	65 (82.3)	

Values are presented as number (%).