

**Supplementary Table 4.** Association of disengagement with the sociodemographic, professional and lifestyle characteristics

Variable	No.	Disengagement		<i>p</i> -value (chi-square)
		No	Yes	
Education level				
Graduate or below	194	33 (17.0)	161 (83.0)	0.638
Post graduate or doctorate	88	17 (19.3)	71 (80.7)	
Marital status				
Never married	51	10 (19.6)	41 (80.4)	0.524 (Fisher's exact)
Currently married	221	38 (17.2)	183 (82.8)	
Divorced	4	0	4 (100)	
Widowed	2	1 (50.0)	1 (50.0)	
Not revealed	4	1 (25.0)	3 (75.0)	
Household monthly income				
₹≥20,000 and ≤₹30,000	42	9 (21.4)	33 (78.6)	0.660
₹>30,000 and ≤₹40,000	50	10 (20.0)	40 (80.0)	
>₹40,000	190	31 (16.3)	159 (83.7)	
Type of bank				
Public sector bank	192	34 (17.7)	158 (82.3)	0.989
Private sector commercial or small finance bank	90	16 (17.8)	74 (82.2)	
Location of branch				
Urban	103	17 (16.5)	86 (83.5)	0.922 (Fisher's exact)
Semi-urban	151	28 (18.5)	123 (81.5)	
Rural	28	5 (17.9)	23 (82.1)	
Professional category				
Clerk	113	27 (23.9)	86 (76.1)	0.027
Officer or higher	169	23 (13.6)	146 (86.4)	
Years employed				
1–10	205	30 (14.6)	175 (85.4)	0.026
>10	77	20 (26.0)	57 (74.0)	
Daily average working hours				
≤8	105	28 (26.7)	77 (73.3)	0.002
>8	177	22 (12.4)	155 (87.6)	
Alcohol consumption				
Monthly or less	23	2 (8.7)	21 (91.3)	0.286 (Fisher's exact)
More than once a month	79	11 (13.9)	68 (86.1)	

Values are presented as number (%).