

Supplementary Table 1. Sociodemographic, professional, and lifestyle characteristics of the study participants who responded through online or offline mode

Variable	Offline (n = 191)	Online (n = 91)	<i>p</i> -value
Age	32 (23–56)	34 (23–61)	0.087 ^a
Sex			
Female	113 (59.2)	47 (51.6)	0.234 ^b
Male	78 (40.8)	44 (48.4)	
Educational status			
Graduate	123 (64.4)	60 (65.9)	0.474 ^b
PG or doctorate	57 (29.8)	31 (34.1)	
Marital status			
Unmarried	40 (20.9)	11 (12.1)	0.047 ^c
Married	144 (75.4)	77 (84.6)	
Divorced	4 (2.1)	-	
Widowed	2 (1.0)	-	
Others	-	3 (3.3)	
Type of bank			
Public sector bank	117 (61.3)	75 (82.4)	< 0.001 ^b
Private sector commercial or small finance bank	74 (38.7)	16 (17.6)	
Location of branch			
Urban	64 (33.5)	39 (42.9)	0.223 ^b
Semi-urban	109 (57.1)	42 (46.2)	
Rural	18 (9.4)	10 (11.0)	
Professional category			
Clerk	89 (46.6)	24 (26.4)	0.001 ^b
Officer or higher	102 (53.4)	67 (73.6)	
Years employed			
1–10	145 (75.9)	60 (65.9)	0.079 ^b
>10	46 (24.1)	31 (34.1)	
Daily average working hours			
≤8	76 (39.8)	29 (31.9)	0.198 ^b
>8	115 (60.2)	62 (68.1)	

Values are presented as median (range) or number (%).

^aMann-Whitney test; ^bChi-square test; ^cFisher's exact.